

TRAIL BLAZERS



Hello and welcome to Trail Blazers Family Camp 2020! My name is Christopher and I will be your Family Camp Director. We are very happy to be able to open Trail Blazers to share with our families. However, we do have to take some extra precautions for this summer. Below, you will find our rules and guidelines for your stay. Please read through to find out all about your visit to Lake Mashipacong. At the end, you will find a detailed breakdown of our COVID-19 safety and cleaning protocols. We want to make sure you know that we are doing everything we can to make this a safe adventure for all!

If you have any questions ahead of your visit or while you are here, you can reach me directly at (917) 594-7792. Thank you for signing up for Family Camp. We are excited to have you and we want to make sure you and your entire family have the best experience possible! ~Christopher

Registration

- Registration is limited to one family per smallcamp. This may include extended family, but an overall limit of 8 guests.
- "Smallcamp" is the term for our individual campsites.
- Each smallcamp is equipped with multiple canvas shelters, an outdoor toilet, a covered picnic table, and a campfire circle.
- Registrations can be made for a Weekday Package (M-F) or a Weekend Package (F-Su)
- Rate information is available online at trailblazers.org/family-camp.
- You will also find our Family Camp waiver. You will be required to sign it before your registration is complete.
- In order to make Family Camp accessible to all of our families, rates are calculated on a self-selecting tier system based on family income.
- If necessary, limited WiFi access is available near the Great Hall.
- **There are NO PETS allowed at Family Camp.**
- Smoking is permitted ONLY in the designated smoking area behind the Great Hall.
- Recommended items to bring to camp:
 - Heavy shoes with closed toes
 - A raincoat
 - Swimwear
 - Flashlight or Lantern
 - Insect Repellent
 - Sunscreen
 - Refillable water bottle
 - Outdoor games for you and for the kids

Family Camp Arrival

- Guest arrival begins at 3pm.
- Guests may not arrive early. If a later arrival is necessary, please let us know ahead of time.
- Guest pickup is available from either Port Jervis train or Milford bus, with advance notice
- Guest cars are not permitted into the camp grounds. All cars must stay in the parking lot.
- Guest parking lot is to the right just past the brown house at the main entrance.
- Guest luggage will be taken by truck to your smallcamp.
- Camp will provide mosquito nets, a bear box, and a light for your smallcamp.
- Your host will show you to your smallcamp and show you around.
- There is no laundry service available.
- Locker space is available on request
- Upon arrival, your family will receive a basket of goodies to help with your visit. This will include a first aid kit, a spray bottle of disinfectant, hand sanitizer, and an introduction package with a map, the menu for your stay, and other information to help you have a great time.
- You will also be given a walkie-talkie for easier communication with your host around camp. From breakfast through dinner, your radio may be used to contact your host for assistance. From dinner through breakfast, your radio may be used to contact Christopher in case of emergency.

The Great Outdoors

- You will very likely encounter some wildlife during your stay at camp. Be kind and be cautious when you see animals around camp. This is their home after all.
- The beauty of Lake Mashipacong is important to preserve. Please be considerate with your garbage and food scraps. Make sure everything is properly disposed of.
- Some of the pathways around camp can be treacherous. Be careful of uneven paths, rocky terrain, or trails slick with mud. Always wear closed-toed shoes when walking around camp.
- Ticks - There are ticks in our area, both deer ticks and wood ticks. Wood ticks are the most common and least harmful. Your host will give you a proper training in doing tick checks. You should do them each night before bed, each morning when you wake up, and each day when you shower.
- Black bears are very common in northern New Jersey. We have bears in and around our property every summer. Black bears are not aggressive toward humans and will generally stay out of any areas where humans are. They can usually be scared away easily with loud noises.
- However, black bears will be aggressive for food. **Guests may not keep ANY food in their smallcamps.** The bears are able to smell food, even through food wrappers, from over a mile away. While the bears are scared of humans, the last thing anyone wants is to wake up in the middle of the night with a black bear trying to get a snickers bar out of your backpack.

COVID-19 Specific Rules

- During the registration process, you will be asked 4 questions in regards to COVID-19. You must answer all four questions for every family member in order to attend Family Camp.
 - Have any members of your group had a fever above 100.4°F in the 14 days immediately prior to your arrival?
 - Have any members of your group exhibited COVID-related symptoms in the 14 days immediately prior to your arrival? (Symptoms include: cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.)
 - Have any members of your group traveled nationally or internationally within the 14 days immediately prior to your arrival?
 - Have any members of your group had close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19?
- Staff and Guests will be required to wear masks when traveling between activities at camp.
- Staff and Guests will be required to wear masks to the Great Hall for meal service. Masks can be removed once they are seated.
- Masks are not required during activities or in smallcamp when the guests are only with their own cohort.
- Staff will be required to wear masks while assisting or closely interacting with guests.
- Guests must provide their own towels and bed linens. Camp beds are all twin sized beds.
- It is highly recommended that guests do not leave and return to Family Camp at any point during their visit. A camp liaison will be going to town once per day. Forgotten items or special requests can be picked up, within reason.

Restrooms

- Each smallcamp has an outdoor toilet. (latrine)
- The latrine will be stocked with toilet paper and cleaning supplies.
- There is a temporary restroom set up outside of the Great Hall.
- There are restrooms with running water located in both of our showerhouses.
- All toilets will be disinfected each day.

Showerhouses

- There are two showerhouses at Trail Blazers: The Big Dipper & The Sluiceway
- Guests will reserve a time slot for showering each evening at dinner.
- Guests are not permitted to shower outside of their reserved time.
- Toiletries may be stored at showerhouse.
- Clothing may not be left in the showerhouse.
- Guests who arrive early for their shower time may wait in the waterfront area.
- Guests must bring their own towels.

Dining

- Camp will provide three meals per day throughout your visit.
- Meal times are as follows:
 - Breakfast: 8:00am - Lunch: 12:30pm - Dinner: 5:30pm
- Each smallcamp will have a designated indoor dining area within the Great Hall. These areas will be socially distanced and provide plenty of room.
- We will also provide several outdoor eating area options.
- Please keep meals within our designated areas in order not to attract bears.
- Meals will be prepared in takeout style and delivered to your eating area.
- Most dietary restrictions can be accommodated, including: Vegan, vegetarian, gluten-free, and various allergies. We cannot accommodate kosher meals.

Cookouts

- Cookout meals are available upon request.
- Requests must be made with Christopher at least 24 hrs in advance.
- Camp will provide a "Cookout Kit" with food and tools for cooking.
- Cookouts are limited to two primary cookout areas: Trail Blazers & Red Branch.
- Guests may NOT cookout in their smallcamps. This WILL attract bears to your sleeping area.
- Firewood will be available at each cookout site.
- Guests are responsible for building their own fire and extinguishing it completely after use.
- All garbage and food scraps must be collected in the provided garbage bags.
- Cookout boxes and all garbage bags must be returned to the Kitchen for Red Branch cookouts or the Wanagan (or Trail Blazers cookouts).
- S'mores are also available for the cookout areas or the Wanagan deck.

Activity Areas

- We will be using a reservation system for activity areas around camp
- Families will sign up each day at dinner. Activities include archery, biking, boating, fishing, low ropes, and swimming.
- Each activity will require a reservation in order to be used.
- Your host can guide you to each area, if needed.
- Your host will clean and disinfect the area after you are finished.
- In order to share time for all families, Please stay within your reservation time slot.

Archery

- Archery equipment will be available in the archery shed.
- Guests may bring their own equipment. No compound bows may be used in the archery pit.
- Arm guards must be used while shooting.
- All archers stay on the stand until all arrows have been shot.
- Archers rotate turns shooting 4 arrows. High score wins.
- No one may hold a bow while arrows are being collected.
- When you are finished, leave arrows in the container marked "USED."
- Equipment will be disinfected after each use and at the end of day.
- Children under 13 must be accompanied by an adult.

Biking

- Bikes and Bike helmets are available for use.
- Guests may bring their own equipment.
- Helmets must be worn at all times.
- Helmets provided by camp will be used by the same guest throughout their total visit.
- Bikes must be the correct size for the rider.
- Bikes should not be ridden off of the trails/roadways inside the campgrounds.
- Bikes are disinfected after each use and at the end of day.

Boating

- Boat times must be reserved.
- All boats will be docked on the Big Dipper side of the lake.
- NO lifeguard will be on duty. Guests are under their own supervision when boating.
- Life jackets must be worn at all times.
- Children must be accompanied by an adult.
- All equipment should be returned and properly put away after use.
- Boats are disinfected after each use and at the end of day.
- Guests are permitted to bring their own kayaks or paddle boards. Guest equipment may not be shared with other guests.

Fishing

- Fishing time must be reserved.
- All fishing will be done on the Sluiceway side of the lake.
- Rods and Reels will be available for use.
- Guests may bring their own equipment and/or live bait.
- Equipment must be stowed away neatly after use.
- Any fish or bait remains must be cleared out by guests.
- Use caution when casting.
- If you wish to clean your fish, camp will provide an area near the kitchen to do so.
- Do not clean fish in your smallcamp. It may attract bears.
- Children under 13 must be accompanied by an adult.

Low Ropes

- Our low ropes course is a series of challenges to generally be accomplished as a group.
- Elements range in difficulty from very easy to difficult.
- Low Ropes instructions can be found in your welcome packet.
- All use will be under your own supervision.
- Closed-toed shoes must be worn.
- Keep fingers away from moving parts.
- Your host can provide direction on how to properly use each element.

Swimming

- Swim area will be on the Sluiceway side of the lake.
- Limited lifeguard availability, on request only. Guests are under their own supervision when swimming.
- Swim areas for various skill levels will be clearly marked.
- Swimmers may not swim outside of the marked swim areas
- Shoes are not to be worn on the dock.
- No diving is permitted.

Hiking

- Several hiking trails are available for use around the camp property and the surrounding areas
 - Hike around Lake Mashipacong - on property - 2 miles
 - Hike to Aquila Campsite - on property - 1 mile
- Trails do not require a reservation and we will provide maps.
- Hikes are under your own supervision.
- Our most popular trail is a complete loop around Lake Mashipacong.
- Trail markers are visible for guidance along the lake trail.
- Stay cautious of wildlife while on the trail. You never know when you might come upon a fox or even a bear!

Evening Activities

- After dinner the sun will start to go down, but that doesn't mean the camp fun is over. The evening can be a great time to enjoy a different side of camp.
- The lawn in front of the Great Hall is perfect for seeing all of the stars you can't see in the city.
- Further down the hill and across the road is Firefly Glen. As dusk sets in, you can see dozens (maybe even hundreds) of fireflies every night. Keep your eyes open, they may also guide you back to your campsite.
- What is the best part about building a campfire? Making s'mores, of course. We will have s'mores kits ready for everyone to make their own treats. You can head out to one of the cookout spots or even the Wanagan deck to make a fire and roast some marshmallows for the perfect camp treat.

Internet and Work

- While we recommend you unplug while at camp, we understand that work might still beckon.
- For those who need it, we do offer limited Wi-Fi access outside of the Lodge.
- We also will have Wi-Fi and computer access available in the camp library.

Departure

- Check out time is 1pm.
- Please inform your host what time you expect to leave and they will make sure the truck is available for your luggage.
- A continental breakfast will be served on the last morning.
- Make sure you do not leave any belongings behind and please leave your smallcamp clean.

Family Camp 2020

Safety and Cleanliness protocols

Health and Medical Protocols

1. Guest responsibilities

- Upon registration, guests will be required to confirm and adhere to the following:
 - No members of the registering group have a fever above 100.4°F for the 14 days immediately prior to their visit.
 - No members of the registering group will have exhibited COVID-related symptoms for the 14 days immediately prior to their visit. Symptoms include: cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.
 - No members of the registering group will have traveled nationally or internationally within the 14 days immediately prior to their visit.
 - No members of the registering group have had close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.
- Any guest who cannot confirm any of the above to be true will be restricted, along with their family, from attending Family Camp.
- Upon arrival, guests will be asked the same set of questions. If any guests cannot confirm any of the above questions, the entire group will be restricted from staying.
- Upon arrival, all guests will have a temperature screening via touchless thermometer. Anyone showing a fever above 100.4°F will be restricted from staying, along with their entire group.
- Camp administration reserves the right to refuse service to anyone.

2. Staff responsibilities

- Upon hiring, staff members will be required to confirm and adhere to the following:
 - They have not had a fever above 100.4°F for the 14 days immediately prior to their first day on site.
 - They have not exhibited COVID-related symptoms for the 14 days immediately prior to their first day on site. Symptoms include: cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.
 - They have not traveled nationally or internationally within the 14 days immediately prior to their first day on site.
 - They have not had close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.
- Upon arrival, all staff will be asked the same set of questions. If the staff person cannot confirm any of the above questions, their employment will be terminated.
- All staff will have a temperature screening via touchless thermometer daily. Anyone showing a fever above 100.4°F will be quarantined and possibly sent home or for further clinical evaluation as soon as possible thereafter.

- All staff will be required to be tested for COVID-19 and receive their results within the week before the first day of employment. Any costs associated with this testing will be paid for by Trail Blazers.
3. Management of case or probable case(s)
- If a guest exhibits COVID-related symptoms or a fever above 100.4°F, they, along with their entire group, will be required to leave camp.
 - If a staff member exhibits COVID-related symptoms or a fever above 100.4°F, they will immediately be quarantined and sent home or for further clinical evaluation as soon as possible thereafter.

Distancing and Mask protocols

1. Distancing Protocols

- Guests will register to stay at Family camp as a family unit consisting of no more than 8 members, herein referred to as a "cohort".
- Each cohort will live in the same smallcamp. Only one cohort will occupy each smallcamp.
- Individual smallcamps will be assigned a single staff person upon arrival to be their direct contact throughout their stay. This staff person will be responsible for assisting the group with activity area usage, cleaning/disinfecting areas and equipment before and after use, rubbish removal, and assisting in smallcamp tasks, such as fire building or collecting firewood.
- Cohorts will not intermingle with other cohorts during the course of their visit.
- Cohorts will be required to keep at least 6' of social distancing between themselves and any other cohort. Guests within the same cohort do not need to socially distance from one another.

2. Outside Interaction

- Guests will be advised to not leave the grounds and return at any point during the duration of their stay.
- Staff will be required to stay on the grounds throughout the course of their summer employment. We will provide a liaison to pick up supplies for staff from town as needed.
- Outside guests and non-essential visitors will be restricted from camp.
- Vendors will be restricted from entering any buildings while on the premises.
- Any senior staff who go off site will be required to limit interactions with on site staff, including maintaining social distance and wear masks.

3. Food/Meal Protocols

- Cohorts will be assigned an eating area in the Great Hall, at least 6' from any other cohort eating area.
- Cohorts will have the option of taking out their meals. They have the option of eating at the Wanagan, by the lake, at any of several picnic tables located around camp, or any of the designated cookout locations.
- Cohorts will also have the option of preparing their own meals as a cookout. They will not be permitted to have other cohorts join their cookout.

4. Large Group Gatherings

- An occasional larger group gathering may be offered as an amenity to the guests, such as an outdoor movie screening.
- In cases of larger group gatherings, cohorts will be assigned areas to stay within. All areas will have an outside buffer of at least 6'.
- Masks must be worn during large group gatherings

5. Face Mask Protocols

- Face Mask will be defined as, a device worn over a wearer's mouth and nose that creates a physical barrier between the mouth and nose of the wearer and potential contaminants in the immediate environment. In general, a face mask does not provide substantial filtering efficiency or protection to the wearer during inhalation but rather helps arrest droplet dispersion from the wearer when coughing, sneezing, talking, and breathing.
- Examples: Cloth masks, surgical masks, bandanas, etc.
- Cloth face coverings should not be placed on anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- Staff will be required to have at least two masks each. Masks will be laundered frequently.
- Disposable masks will be available in case a guest neglects to bring a mask.
- Personal Protective Equipment, such as N95 Respirators, will be on site in the case that a staff person should have to deal directly with a person who is infected.

6. Face Mask Usage

- Staff and Guests will be required to wear masks when traveling between activities at camp.
- Staff and Guests will be required to wear masks to the Great Hall for meal service. Masks can be removed once they are seated.
- Masks are not required during activities or in small camp when the guests are only with their own cohort.
- Staff will be required to wear masks while assisting or closely interacting with guests.
- Kitchen staff will be required to wear masks at all times.
- In the event of necessary interaction with any vendors or outside community members, staff will be required to wear masks.

Cleaning and Disinfecting Protocols

1. Cleaning products

- EPA has provided a list of Disinfectants for Use Against SARS-CoV2
<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>
- A dilute bleach solution can be used in substitute for EPA-approved disinfectants, but should not be used on any objects that may go in the mouth.
- ACA Guidance to be followed for preparation of cleaning solutions and appropriate cleaning/disinfecting methods

2. Increased frequency of cleaning

- Communal spaces will be cleaned and disinfected daily.
- Shared items will be cleaned and disinfected between uses.
- Frequently touched surfaces (tables, door handles, light switches, railings, keyboards, toilets, faucets, sinks, etc.) will be cleaned and disinfected daily.
- Toilets, Showers, Restrooms, and Changing Areas
 - As with other frequently touched surfaces, toilets, showers, and restrooms are cleaned and disinfected daily.
 - Showering will be limited to a single showerhouse. Cohorts will be assigned specific shower stalls. Cohorts will sign up for staggered shower times.
- Shared equipment, including low ropes, archery, biking, boats, fishing, and outdoor cooking equipment will be cleaned and disinfected at least daily.

3. Staff requirements during cleaning/disinfecting

- Cleaning staff will wear disposable gloves and face masks for all enhanced cleaning tasks.
- Staff will also wear eye protection and/or gowns/aprons when necessary for specific tasks
- Gloves and masks for cleaning will be disposable and used only for enhanced cleaning. These masks will be separate from their everyday cloth masks.
- Once gloves and masks are disposed of, staff will immediately clean their hands.
- All staff will clean hands frequently by washing hands with soap and water for at least 20 seconds. Staff will also have hand sanitizer with them at all times to clean hands when soap and water is not readily available.